



**COUNSELLING CELL
AND
COUNSELLING OF STUDENTS AND EXTRA CURRICULAR ACTIVITIES**


Minutes of opening meeting 2023-2024

Date of Meeting : 05.08.2023

Venue : Board room-2,
PSGR Krishnammal College for Women

Topics discussed and resolved:

- Activities planned for 2023-2024. Encouraging students to participate in meditation, positive thoughts through good morning messages and awareness campaigns through posters and videos.
- Execution of Psycho-education on various psychological topics and wellbeing using virtual facilities and physical mode (subject to the situation) to motivate and enhance mental wellness of the student community.
- Spread the awareness to the students about the existence of counselling cell and support of Counseling Psychologist in the campus.


Signature of the Chairman
Dr .P.Meena
Principal

PRINCIPAL
PSGR KRISHNAMMAL COLLEGE FOR WOMEN
COIMBATORE - 641 004



PSGR
Krishnammal College for Women



COMMITTEE MEMBERS OF COUNSELLING CELL AND COUNSELLING OF STUDENTS
AND EXTRA CURRICULAR ACTIVITIES -2023-2024

Chairman

Dr. P. Meena

Principal

PSGR Krishnammal College for Women

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meena

Members

S.No.	Name	Designation	Contact Number/Mail	Signature
1	Dr. R. Padmavathi	Dean – Academic Support and Alumni Relations PSGR Krishnammal College for Women	9994411162	<i>R. Padmavathi</i>
2	Dr. P.B. Harathi	Vice Principal PSGR Krishnammal College for Women	9944960978	<i>Harathi</i>
3	Mrs. K. S. Paviayazhini	Counselling Psychologist & Assistant Professor Department of Psychology PSGR Krishnammal College for Women	9787575177	<i>K. S. Paviayazhini</i>
4	Mr. V. Gobinath	Assistant Professor Department of Psychology PSGR Krishnammal College for Women	9842268091	<i>V. Gobinath</i>
5	Dr. M. Jayamala	Associate Professor Center for Women's Studies PSGR Krishnammal College for Women	9790027222	<i>M. Jayamala</i>
6	Dr. J. Sheela	Associate Professor Center for Women's Studies PSGR Krishnammal College for Women	9994767698	<i>J. Sheela</i>
7	Dr. K. Vidyakala	Assistant Professor & Head Department of Business Administration PSGR Krishnammal College for Women	9486127610	<i>K. Vidyakala</i>
8			9361878866	

Associate

	Dr. M. Renuka	Assistant Professor Department of Tamil PSGR Krishnammal College for Women		<i>M Renuka</i>
9	Dr. D. Nalini	Associate Professor Department of Chemistry PSGR Krishnammal College for Women	9843822004	<i>D Nalini</i>
10	Dr. S. Kavitha	Associate Professor, GRG School of Management Studies	9442631911	<i>S Kavitha</i>
11	Mr. N. Thiyagarajan	Assistant General Manager (SF) PSGR Krishnammal College for Women	9597766966	<i>N Thiyagarajan</i>
12	Mrs. V. Lalitha	Superintendent (Aided) PSGR Krishnammal College for Women	9600651004	<i>V. Lalitha</i>
13	Mrs. Thelma Anto	Senior Manager Training & Placement PSGR Krishnammal College for Women	9994500070	<i>Thelma Anto</i>
14	Mrs. Sreejaya Mervin	Advocate, Coimbatore	9842231882	
15	Ms. N.S. Theeptaa	III B.Sc., Psychology (SF) Dept. Secretary, Dept. of Psychology	9943051057	<i>N.S. Theeptaa</i>
16	Ms. A.J. Ananya	III B.Sc. Psychology (SF) WBC Club Joint Secretary	7550062206	
17	Ms. S.S. Mithra	III B.Sc. Psychology (SF) WBC Club Secretary	9952305383	<i>S.S. Mithra</i>
18	Ms. Noor Haniya	III B.Sc Psychology (SF) WBCC Secretary	9894640455	<i>Noor Haniya</i>
19	Ms. M. Subhasri	II MBA	6384322490	
20	Dr. Sushil Mary Mathews	Parent	9894415356	<i>Sushil Mary Mathews</i>
21	Dr. S. Karpagavalli	Parent	8825434609	<i>S. Karpagavalli</i>



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**COUNSELLING CELL
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Minutes of Closing Meeting 2023-2024

Date of Meeting : 02 .03.2024

Venue : Board Room-2
PSGR Krishnammal College for Women

Topics discussed:

- Organized and conducted activities peer Presentation series, Positive Thoughts through messages and awareness videos through WBC Club.
- Awareness on various psychological wellbeing topics were given through webinar series and creating positivity and wellbeing among students was periodically conducted by the Wellbeing Club.
- Personal Counseling and guidance was given to the students through counselling psychologist.
- Reviewed yoga, meditation and fitness programmes and counselling that is being conducted periodically to the students through WBC and yoga Club


Signature of the Chairman

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Principal

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