DEPARTMENT OF SOCIAL WORK

CHOICE BASED CREDIT SYSTEM &
LEARNING OUTCOME BASED CURRICULUM FRAMEWORK (LOCF)

MASTER OF SOCIAL WORK (2024-2027 BATCH)

CURRICLUM AND SYLLABUS FOR SEMESTER I
2024-25

DEPARTMENT OF SOCIAL WORK
MASTER OF SOCIAL WORK (2024-2027 BATCH)

Programme Outcome

PO1: Engage diversity and difference in practice
PO2: Demonstrate ethical and professional behavior in social work practice.
PO3: Transform social work knowledge, ethics and values for sustainable changes.
PO4: To enhance the quality of life of individuals and society at large.
PO5: To work towards people diversity with contemporary realities in society.
PO6: Engage in policy to advance social and economic well-being in the society.
PO7: To advocate, campaign and lobbying for promotion of social policy.
PO8: Engage in research informed practice.

Program Specific outcome

PSO1: Apply social work knowledge and skills for understanding human behavior and social environment in identifying and analyzing the existing social problems.
PSO2: Practice methods of Social Work for problem solving in various fields.
PSO3: Become competent social work professionals and to adhere social work ethics, values and ensure social justice.

DEPARTMENT OF SOCIAL WORK
CHOICE BASED CREDIT SYSTEM (CBCS) & LEARNING OUTCOME BASED
CURRICULAR FRAMEWORK (LOCF)
MASTER OF SOCIAL WORK - 2024-2026 BATCH
SYLLABUS & SCHEME OF EXAMINATION
ACADEMIC YEAR 2024-25 & ONWARDS

| Sem | Course Code | Title of the course | Instruction hours/ week | Total Hours | | Duration of Examination | Max. Marks | | | Credits |
				Contact Hours	Tutorial Hours		CA	ESE	Total	
I	MSW2401	Social Work Profession	4	58	2	3	25	75	100	4
	MSW2402	Social Case Work	4	58	2	3	25	75	100	4
	MSW2403	Social Group Work	4	58	2	3	25	75	100	4
	MSW2404	Sociology for Social Work Practice	3	43	2	3	25	75	100	3
	MSW2405	Psychology for Social Workers: Theories and Practice	3	43	2	3	25	75	100	3
	MSW24FW1	Concurrent Field Work –I (Agency Exposure, Group Projects)	12	180	-	-	50	50	100	4
	MSW24SL1	Skill Lab – I (Personal, Interpersonal Skills) *	-	-	-	-	100	-	100	**Grade**

*- 45 hrs course offered outside class hours.
CA – Continuous Assessment
ESE – End Semester Examination

Course Code	Course Title	Category	L	T	P	Credit
MSW2401	Social Work Profession	Theory	58	2	0	4

Preamble:

- To understand the historical context of origin and development of the social work profession.
- To comprehend the various concepts related to the social work profession.
- To analyze the underlying ideologies, philosophy, theories and approaches in social work practice in diverse settings.
- To highlight the significance of theories and models and their application to practice.
- To gain insights into the skills and ethical decision making while providing services.

Course Learning Outcomes

On the successful completion of the course, student will be able to:

CLO No	CLO Statement	Knowledge Level
CLO1	Understand the socio-economic and political environments and their contributions to origin and development of the social work profession.	K1 / K2
CLO2	Compare and contrast the various concepts related to social work	K2
CLO3	Demonstrate social work professional competencies through analytical thinking, scientific reasoning, problem-solving, team work and emerge as professionals or entrepreneurs.	K3
CLO4	Analyze and apply appropriate theories and models in practice.	K4
CLO5	Apply their knowledge of social work methods, principles and ethics in their real life, field work training and work environments as a mark of professionalism in diverse practice settings.	K5

Mapping with programme learning outcome:

Course Learning Outcomes	Programme learning outcome							
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8
CLO1	S	M	S	M	S	S	M	S
CLO2	S	S	S	M	S	S	M	S
CLO3	S	M	S	S	S	S	M	M
CLO4	S	S	M	S	M	S	M	S
CLO5	M	S	S	M	S	M	S	S

S-Strong; M-Medium

Unit I   **(10hrs)**

Social Work & Related Concepts: Social Work: Meaning, Definition, Goals, Objectives, Functions and Scope. Basic Concepts: Social Welfare, Social Service, Social Reform, Social Justice, Social Policy, Social Legislations, Social Development, Social Empowerment, Sustainable Development, Human Rights, Social Exclusion and Human Development Index (HDI). Brief Introduction to the Methods of Social Work. Levels of Intervention: Micro, Mezzo and Macro levels.

Unit II   **(12hrs)**

Historical Evolution of Social Work in the West & India: Evolution of Social Work in the UK and USA. Contributions of Indian Social Reformers: Raja Ram Mohan Roy, Sarojini Naidu,

Vinoba Bhave, Jyothiba Phule, Bharathiyar, Arya Samaj & Brahma Samaj. Gandhian ideologies and linkage with Indian Constitution.Religio-Philosophical Foundations of Social Work Practice in India – Contributions of Buddhism, Jainism, Hinduism, Islam and Christianity. Origin of Social Work Education: Evolution of Professional Social Work Education in India. Importance of Fieldwork and Supervision. Challenges faced by Social Work Profession in India. Professional Social Work Associations in India.

Unit III   (13hrs)
Social Work as a Profession: Nature, Characteristics and Social Work Values & Beliefs. Principles of Social Work: Acceptance, Individualization, Confidentiality, Client Participation, Non-Judgemental Attitude and Controlled Emotional Involvement. Ethics in Social Work Practice: Ethics towards Clients, Colleagues, Organization and Profession. Challenges in Ethical decision making in Social Work practice. Skills of a Social Worker and Roles and Responsibilities of a Professional Social Worker. International Social Work: Meaning, Definition, Global Issues, Need for International Practice. Approaches to International Social Work Practice and Role of International Agencies.Emerging trends in Social Work in India.

Unit IV   (13hrs)
Theoretical Approaches to Social Work Practice: Social Work Theory: Definition, need and importance of professional practice.Theories in Social Work Practice: Systems Theory, Social Learning Theory, Social & Behavioural Theories, Psycho-Social Development Theory, Psychodynamic Theory, Rational Choice Theory, Humanistic Perspective Theory and Transpersonal Theory.Models and Approaches: Remedial model, Rehabilitative model, Relief Model, Welfare Model, Clinical Model, Integrated Social Work model, Developmental model, Empowerment model, Radical Model, Rights Based, Participatory Model and Indigenous Model.

Unit V   (10hrs)
Fields of Social Work Practice: Community Development (Rural, Urban & Tribal), Family and Child Welfare, Medical and Psychiatric Social Work, Industrial Social Work, Corporate Social Work, School Social Work and Youth Social Work. Emerging Areas of Social Work: Health Social Work, Disaster Management, Environmental Protection and Gerontological Social Work and Human Rights.

Text Books:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication & Edition
1.	Acharya, BC.	A handbook of social work	Wisdom Press, New Delhi	2012 – 2nd
2.	Bradford, W. Sheafor, Charles, R. Horejsi, & Gloria.A.	Techniques and Guidelines for Social Work	Allyn and Bacon, A Viacom Company, London	1997
3.	Josantony Joseph & Gracy Fernandes	An Enquiry into Ethical Dilemmas in Social Work'	NirmalaNiketan, Mumbai	2006 – 2nd

| 4. | Rameshwari, Devi & Ravi Prakash | Social Work Practice | Mangal Deep Jaipur | 2000 – 3rd edition |
| 5. | Reamer, Frederic G. | Social Work Values and Ethics | Rawat, New Delhi | 1999 edition |

References:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication & Edition
1.	Dean, Hepworth	Direct Social Work Practice: Theory And Skills.	Boston: Cengage Publications	2018 – 3rd
2.	Roy Sanjoy	Social Work in a Globalizing World – Professional Challenges and Practices	Rawat Publications	2018 – 2nd
3.	Singh, Ram Shankar	Professional Social Work: Best Practices and Innovations	ABD Publishers Rajasthan	2017
4.	Cournoyer Barry	The Social Work Skills Workbook	Wordsworth Publishing Company, California	2016- 8th

Web Resources:
- https://www.socialworker.com/
- isw.sagepub.com/content/51/6/847.citation
- www.unv.org
- www.un.org
- www.worldbank.org
- www.iassw-aiets.org: International Association of Schools of Social Work
- www.icsd.info: International Consortium for Social Development
- www.icsw.org: International Council on Social Welfare
- www.ifsw.org: International Federation of Social Workers

Pedagogy: Lecture, e-content, Online Group Discussions, Videos, peer learning, case discussion, Field Work Observational Learning, Journaling and mind mapping.

Course Code	Course Title	Category	L	T	P	Credit
MSW2402	Social Case Work	Theory	58	2	0	4

Preamble:

- To understand evolution and social case work as a primary method of practice in working with individuals.
- To comprehend the tools and techniques used in case work practice.
- To acquire knowledge on the principles and process involved in social case work practice.
- To develop the ability to critically analyse appropriate skills and attitude toward individuals' problems and the factors contributing to it.
- To impart knowledge of the scope of using the method in various settings.

Course Learning Outcomes

On the successful completion of the course, student will be able to:

CLO No	CLO Statement	Knowledge Level
CLO1	Understand and appreciate the evolution and foundations of social case work practice.	K1
CLO2	Comprehend the distinct nature of social Casework and apply the method to work with individuals and families.	K2
CLO3	Demonstrate knowledge and skills related to the tools and techniques used in the practice of social case work.	K3
CLO4	Analyze and design appropriate intervention approaches and models for individuals who need professional help.	K4
CLO5	Describe the scope and role of a social worker in different settings in working with individuals.	K5

Mapping with programme learning outcome:

Course Learning Outcome	Programme learning outcome							
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8
CLO1	S	S	M	S	M	M	S	S
CLO2	S	S	S	M	S	S	S	S
CLO3	S	S	S	S	M	M	M	S
CLO4	S	M	S	S	S	S	S	S
CLO5	S	S	S	S	S	S	S	S

S-Strong; M-Medium.

Unit I (10hrs)
Working at individual level/Social Case Work: Definition, objectives, scope and relevance to other methods of social work. Philosophical assumptions and case work values; Historical development of social case work; Importance and scope for working at individual level.

Unit II (12hrs)
Nature of problems, values and principles: Principles of social case work. (Beistic's Principles to be followed) Types of problems faced by individuals and families; Components of social case work; Process of social case work. (Seven step planned process).Catharsis, Transference and Counter Transference. Role of a social worker.

Unit III (13 hrs)
Theories, approaches, SC Work: Understanding the client system. Client and case worker relationship. Approaches: Psycho-analytical, psycho-social, problem solving, behavior modification, crisis intervention and eclectic approach. Similarities and differences - case work, counseling and psycho-therapy. Recording in social case work.

Unit IV (13hrs)
Tools and Techniques of working at individual level: Tools - Interview, home visits, listening, communication skills, rapport building, observation, and collateral contacts; Techniques - Counseling, supportive, resource enhancement. Clarification, interpretation, suggestion, developing insight, identification, environmental modification, Therapeutic Approaches: Transactional Analysis, Cognitive Behavior Therapy, Psycho-analysis.

Unit V (10hrs)
Settings: working at individual level in different Settings: families, school, community, industry, correctional settings, hospital, geriatric, disasters, children in vulnerable groups (children accommodated in various homes), differently abled; Transgender and people affected and infected by HIV/AIDS.

Text Books:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication & Edition
1.	Barba J. G	Beyond case work	Macmillan, London	1991 – 1st
2.	Barry Coronel	The Social 1996: The Social Work Skills Workbook	Macmillan, London	1996 – 1st
3.	Mathew, Grace	An Introduction of social case work	TISS, Mumbai	1992- 1st
4.	Pearlman, Helen H.	Social Case Work: A problem solving process	The university press New York, USA	1995-1st
5.	Robert W Roberts, Rebert H Nee	Theories of Social Case work	Unity of Chicago Press	2000 – 2nd
6.	Upadhyay, R.K.,	Social Case Work: A Therapeutic Approach	Rawest Publications New Delhi	2021- 1st

References:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication & Edition
1.	Johnson E.J., Huggins C.L.	Social Casework Methodology: A Skills Handbook for the Caribbean Human Services Worker.	Springer	2019 – 1st
2.	Johnson, L. C. & Yanaca S. J.	Social Work Practice: A generalist approach	Pearson	2015-1st
3.	Hamilton, G.	Theory and Practice of Social Case Work	Rawat Publications, India	2013-1st
4.	Healy, K	Social Work Methods and Skills	Palgrave MacMillan	2012-1st
5.	Sanjay Bhattacharya	Social Work intervention and management	Deep & Deep publication (p) Ltd	2008-2nd
6.	Bogo, M.	Social work practice: Concepts, process & Interviewing	Rawat Publication	2007-1st
7.	Misra P.D., Beena Misra	Social Work Profession in India	New Royal book Com. Lucknow	2004-1st
8.	Misra .P.D.	Social Work Philosophy and Methods	Inter-India Publications, New Delhi	1994-1st
9.	Hollis, F., & Wood, M.	Casework: A psychosocial therapy (3rd ed.).	New York: Random House	1981-1st

Web Resources

● https://www.russellsage.org/sites/default/files/Richmond_What%20is%20Social_0.pdf

● http://ddceutkal.ac.in/Syllabus/MSW/Paper-5.pdf

Pedagogy: Lecture, e-content, Online Group Discussions, Videos, peer learning, case discussion, Field Work Observational Learning, Journaling and mind mapping.

Course Code	Course Title	Category	L	T	P	Credit
MSW2403	Social Group Work	Theory	58	2	0	4

Preamble:

- To understand group work as a method of social work and to understand concept, values, principles of Social Group Work
- To acquire skills and techniques required for group workers.
- To develop the ability to critically analyse problems of groups and provide suitable intervention.
- To apply the models of Social Group Work in different settings.
- To identify the settings and fields for the practice of Social Group Work method.

Course Learning Outcomes

On the successful completion of the course, student will be able to:

CLO No	CLO Statement	Knowledge Level
CLO1	Aware of the concept, characteristics, values and principles of social group work.	K1
CLO2	Apply suitable theories and models to resolve the problems of groups.	K2
CLO3	Critically choose and implement interventions to achieve social group work goals.	K3
CLO4	Acquire and master the competencies and skills for working with different groups in various practice settings.	K4
CLO5	Analyse and implement empirically-based group interventions and evaluate group effectiveness.	K5

Mapping with programme learning outcome:

Course Learning Outcome	Programme outcome							
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8
CLO1	S	S	S	S	S	M	S	M
CLO2	S	S	S	S	S	S	S	M
CLO3	S	S	M	S	S	M	M	S
CLO4	S	S	S	M	S	S	M	S
CLO5	S	S	M	S	M	S	S	M

S-Strong; M-Medium.

Unit I (10hrs)

Social Group Work: The Group: Definition, Characteristics, Types, Functions and Group Structure. Social Group Work: Definitions, Objectives, Values and Principles of Social Group Work. Skills and Roles of Social Group Worker. History of Social Group Work in India and abroad. Social Group Work as a method of Social Work

Unit II (12hrs)

Group Dynamics and Group Functioning : Dynamics of Groups: Bond, Acceptance, Isolation, Rejection, Subgroups, Conflict and Control.   Group Membership, Group Norm, Group Cohesiveness, Group Culture, Group Morale and Group Attraction. Leadership and Communication in groups. Relationships - Sociometry and Sociogram.

Unit III (13hrs)

Group Formation and Group Work Process: Group Formation Phases - Forming, Storming, Norming, Performing, Adjourning. Group Work Process**:** Phases of Social Group Work Process, Intake, Study, Analysis and Assessment, Negotiating, Contracts, Treatment, Evaluation, Termination, Stabilization of Change Effort. Challenges in the Group Work Process

Unit IV (13hrs)

Types and Models of Group Work: Models of Social Group Work: Remedial, Mediating or Reciprocal, Developmental, Social Goal Model and Consensus Model. Skills, Qualities and Roles of Social Group Worker. Group Therapy: Significance of Group therapy. Recording in Social Group Work: Principles, Structure and Types.

Unit V (10hrs)

Recording and Application of Social Group Work:

Recording: use, structure and content - Methods of recording: Verbatim, narrative, condensed, analytical and summary records - supervision and development of personal and professional self. **Application of Social Group Work** in School Settings, Community Settings and Industrial Settings. Health Settings, Family Welfare Settings, Women Welfare and Child Care Settings, Correctional Settings.

Text Books:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication & Edition
1.	Trecker, Harleigh B	Social Group Work: Principles and Practice	Pranava Books, New Delhi	2020 – 3rd
2.	Bradler,S and Roman C.P	Group work Skills and Strategies for Effective Interventions	The Howorth Press New York	2016- 1st
3.	Dave Capuzzi, Douglas R.Gross, Mark D. Stauffer	Introduction to Group Work	Rawat Publication New Delhi	2010-1st
4.	David, C., Douglas, R.G. & Mark, D.S.	Introduction To Group Work	Rawat Publication New Delhi	2010-1st
5.	Siddiqy, H Y	Group Work: Theories and Practices	Rawat Publication New Delhi	2008-1st
6.	Gravin, Charles. D. Lorriae& M. Gulier.	A Handbook of Social Work with Groups	Rawat Publication New Delhi	2007-1st
7.	Toseland, Ronald & Rivas, Robert	Introduction to Group Work Practice	Allyn and Bacon, London	2001-1st
8.	Gerald Corey	Theory and Practice of Group Counseling	Wordsworth, London	2000- 1st
9.	Alissi,A.S	Perspectives on Social Group Work Practice; A Book of Reading	The free press, New York	2000-1st

References:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication
1.	Gravin, Charles. D. Lorriae& M. Gulier.	A Handbook of Social Work with Groups	New Delhi: Rawat Publications	2003-1st
2.	Toseland, Ronald & Rivas, Robert	Introduction to Group Work Practice	Allyn and Bacon, London	1986- 1st
3.	Alissi,A.S	Perspectives on Social Group Work Practice	New York: The free press.	1986- 1st

Web Resources

- https://www.socialworkin.com/
- https://socialwelfare.library.vcu.edu/social-work/social-group-work-theory-and-practice/
- https://mgcub.ac.in/
- https://www.socialworkin.com/

Pedagogy: Lecture, e-content, Online Group Discussions, Videos, peer learning, case discussion, Field Work Observational Learning, Journaling and mind mapping.

Course Code	Course Title	Category	L	T	P	Credit
MSW2404	**Sociology for Social Work Practice**	Theory	43	2	0	3

Preamble:

- To provide an insightful knowledge about the fundamental concept of sociology of groups, societies, communities to enable them practice social work methods.
- To help them to understand various social institutions, social structures and recent trends of sociological concepts and apply their understanding of the social work profession in their respective field work settings.
- To link the students' knowledge of Indian Society with the major social problems including socio-economic disparities thereby increasing the students' ability to practice various methods of social work and to apply intervention for the same.
- To gain clarity on the interpretive and historical understanding of a concept or a theory but also explains the relevance of concept in daily life for the social work interventions across settings.
- To analyse the various social problems affecting the society and help students to apply social work interventions to resolve the same.

Course Learning Outcomes

On the successful completion of the course, student will be able to:

CO No	CLO Statement	Knowledge Level
CLO1	Learn about Indian Society, Communities and relevance of Sociology knowledge for Social Work	K1
CLO2	Understand the concepts Socialization, Social Control and Social groups	K2
CLO3	Gain knowledge about Indian Culture	K3
CLO4	Learn about various Institutions like Family and Marriage	K4
CLO5	Acquire knowledge about Social stratification, Social Change, Social Problems and apply suitable Social Work methods to address the issues	K5

Mapping with programme learning outcome:

Course Learning Outcome	Programme learning outcome							
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8
CLO1	S	S	M	S	M	M	S	S
CLO2	S	S	S	M	S	S	S	S
CLO3	S	S	S	S	M	M	M	S
CLO4	S	M	S	S	S	S	S	S
CLO5	S	S	S	S	S	S	S	S

S-Strong; M-Medium.

Unit I (5hrs)
Introduction to Social Sciences and Basic Concepts in Sociology: Sociology - Definition, Scope : and Significance and its Relevance to Social Work Practice. Relationship between Sociology and Social Work. Difference Between Sociology and Social Work**.** Fundamental Concepts: Society, Communities, Associations, Groups, Social Change, Social Systems, Social Movements, Social Structure and Social Pathology. Recent Developments in Sociology: Urban, Rural, Religious and Political Sociology. Sanskritization, Westernization, Globalization and Modernisation

Unit II (10hrs)
Sociological Theories and Perspectives: Sociological Perspectives and Major Theoretical Perspectives – Functionalist, Conflict, and Interactionist Perspectives. Indian Sociologists: Gandhi, Vivekananda, Ambedkar, EVR Periyar, G.S.Ghurye, A.R.Desai, R.K.Mukerjee, Irawati Karve, , K.M.Kapadia, Majumdar, M.N.Srinivas and other Indian pioneers

Unit III (10hrs)
Sociological Composition of Indian Society : Division of Indian Societies – Tribal, Rural and Urban Societies. Social Institutions – Marriage, Family, Religion – Characteristics, Types and Functions. Social Stratification - Class, Caste and other forms of differentiation. Social Mobility - Elements, Forms, Functions and its Consequences; Role and Status. Social Process of Interaction - Cooperation, Competition, Conflict, Accommodation and Assimilation: its Forms, Types and its Integrative and Disintegrative effects on Society. Socialization - Meaning, Agencies and Functions, Importance of Socialization.

Unit IV (10hrs)
Social Control, Social Change and Movements: Social Control –Concept, Need, Means of Social Control – Formal and Informal. Agencies of Social Control – Values, Norms, Folkways, Custom, Mores, Law and Fashion – It's Effect on Individual. Society Social Processes - Co-operation, Competition, Conflict, Accommodation, and Assimilation. Social Change – Meaning, Theories, Causes and Resistance. Social Change in India. Social Movements – Meaning, Causes, Types. Major Social Movements in India – Narmadha Bacho Andolan, Dalit Movements, Consumer Movement, Women Movements, Naxalbari Movement, Terrorism and Religious Movements.

Unit V (8hrs)
Social Work Intervention to Deal with Social Problems : Meaning, Nature, Functions and Factors responsible for Social Disorganization: Levels of Social Disorganization: Individuals, Family, Groups, Community, Societal Disorganization and Maladjustment. Role of Professional Social Workers and Use of Methods of Social work in dealing with Social Problems – Untouchability, Slavery, Beggary, Child Marriages, Problems of – ST, NT, DNTs and other invisible communities; Problems of Industrial Workers; Gender Based violence; Single Women Headed Households; Drugs & Substance Use; Old Age; Disability; Corruption and Intolerance.

Text Books:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication & Edition
1.	Bhusan, Vidya & Sachdev	An Introduction to Sociology	Kitab Mahal, Allahabad	2006- 3rd
2.	Giddens, Anthony	Sociology (Seventh Edition	Polity Press, Cambridge	2013- 1st

3.	Horton,P.S & Hunt, C. L.	Sociology	Tata McGraw Hill New Delhi	2005- 1st
4.	Haralambos& Holborn	Sociology: Themes and Perspectives	Segment Book Distributors New Delhi	2022-1st
5.	Madan G.R.	Indian Social Problems - Social Disorganisation and Reconstruction	Allied Publishers Pvt. Ltd	2015-7th
6.	Suresh Agarwal	Sociological Theory	Rawat Publications, New Delhi	2015- 1st
7.	Rao, C.N.S.,	Sociology: Primary Principles	Sultan Chand & Co	2002-2nd
8.	Shankar C.N.Rao	Sociology: Principles of Sociology with an Introduction to Social Thoughts	Sultan Chand & Sons Private Ltd, New Delhi	2007-2nd

Reference Books:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication & Edition
1.	Ram Ahuja	Social Problems in India	Jaipur, Rawat Publications	1997- 4th
2.	Madan, G. R.	Indian Social Problems	Allied Publishers New Delhi	1982- 1st
3.	Ghurye. G.S	Caste, Class and Occupation	Popular Prakashan	1982- 1st
4.	Elliot and Merril	Society and Culture	Princeton HallInc	1980- 1st
5.	Kapadia, K.M.	Marriage and Family in India	Oxford University Press, New Delhi	1966- 1st
6.	Maclver, R. M. and Page	Society: An Introductory Analysis	London, MacMillanO.C.H	1985- 1st

Pedagogy: Lecture, e-content, Online Group Discussions, Videos, peer learning, case discussion, Field Work Observational Learning, Journaling and mind mapping.

Course Code	Course Title	Category	L	T	P	Credit
MSW2405	**PSYCHOLOGY FOR SOCIAL WORKERS: THEORIES AND PRACTICE**	Theory	43	2	0	3

Preamble:

- To an in-depth understanding of the concepts of psychology.
- To acquire skills and techniques required to understand human behaviour and personality.
- To understand the lifespan and development stage of individuals.
- To gain insight on various factors contributing to the personality of an individual.
- To facilitate the integration of above knowledge with social work practice

Course Learning Outcomes
On the successful completion of the course, student will be able to:

CLO No	CLO Statement	Knowledge Level
CLO1	Aware of the concepts and fundamentals of psychology.	K1
CLO2	Understand and apply suitable psychological theories and models to social work practice.	K2
CLO3	Analyse and develop the competencies and skills for working with different groups in various practice settings.	K3
CLO4	Critically analyse the physical, emotional and social personality development of the individual from conception to old age.	K4
CLO5	Apply self-care and stress management in both personal and professional life	K5

Mapping with programme learning outcome:

Course Learning Outcome	Programme learning outcome							
	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8
CLO1	S	S	S	S	M	S	S	M
CLO2	S	S	M	S	S	M	S	S
CLO3	S	S	S	M	S	S	M	S
CLO4	S	S	S	M	S	S	M	M
CLO5	M	S	S	S	S	S	S	M

S-Strong; M-Medium

Unit I (5hrs)
Introduction to Psychology: Psychology: Definition, Goals, and Importance of Psychology in

Social Work Practice, History of Psychology and Fields of Psychology.
Brief Introduction on Schools of Thought: Structuralism and Functionalism, Gestalt Psychology, Behaviourism, Psychoanalysis, Humanistic Psychology and, Cognitive Psychology.

Unit II (10hrs)
Understanding Behaviour and Attitude: Behaviour - Definition, Psychology as a Study of Individual Differences. Observable Behaviour - Normalcy and Abnormalcy. Attitude - Formation, Maintenance. Difference between Attitude and Behaviour. Attention and Perception.State of Consciousness. Learning and Memory.

Unit III (10hrs)
Conception to Old Age: Conception, Infancy, Babyhood, Childhood, Adolescence, Adulthood, Middle Age, Old age. Definition of the Period, Development Tasks - Physical, Emotional and Social Development. Personality Development and Challenges at each Life Stage. Life Cycle Approach to Development. Social and Cultural Context to Human Development. Cognition and Emotional Development.

Unit IV (10hrs)
Learning, Personality and Motivation Theories of Psychology Motivation: Nature, Need, Instinct, Biogenic Motives: Hunger: Acquired drives. Sociogenic: Aggression. Maslow's Hierarchy of Needs Theory. Personality: Concept, Psychoanalytic Theory, Rogers' Person Centered Theory, The Biological, Social and Cultural Determinants of Personality. Learning: Nature of Learning Process. Factors Influencing Learning and Basic Principles. Types: Classical and Operant Conditioning, Thorndike's Trial and Error Theory and Bandura's Observational Learning Theory.

Unit V (8hrs)
Self Care for Social Workers. Concept, Definition, Importance of Self-Care for Social Workers. Dimensions of Self-Care – Physical, Emotional, Psychological, Professional and Spiritual. Professional Quality of Life (ProQOL) – Burnout and Compassion Fatigue. Impact of Burnout & Compassion on Personal and Professional life. Stress and Wellbeing. Work Life Balance for Social Workers. Myth and Facts about self care Developing a Self-Care Plan. Weaving Self-Care Plan into Everyday Life.

Text Books:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication & Edition
1.	Gerald Corey	Theory and practice of group counseling	Wordsworth, London.	2000- 8th
2.	Glencoe	Understanding Human Behaviour	McGraw Hill	2012-1st
3.	Gross, Richard D	Psychology –The Science of Mind and Behaviour	Hodder and Strongton	2003-1st
4.	Morgan and King	Introduction to Psychology	McGraw Hill	2017-1st
5.	Dennis Coon	Introduction to Psychology, Exploration and Application	Watts & Company	1977-1st

6.	Hurlock, Elizabeth B	Developmental Psychology: Life-Span Approach	McGraw-Hill	2017- 5th
7.	Bruno, Frank, J.	Adjustment and Personal Growth: Seven Pathways	John & Wiley Sons, Inc.	1983
8.	, Hjelle, Larry A.; Ziegler, Daniell J.	Personality Theories	McGraw-Hill	1981
9.	Hall, C. &Lindzey ; G.	Theories of Personality	Wiley	1978
10.	Mc. Guigan	Experimental Psychology	Ox I. B.M	1996
11.	Feldman Martha S.	Strategies for interpreting Qualitative data	Sage Publication	1996

Reference Books

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication & Edition
1.	Kuppuswamy.	An introduction to social psychology	Media Promoters and Publishers Pvt Ltd	1980
2.	Nicolson,P.&Rowan,B.	Applied Psychology for Social Workers	Palgrave Macmillan UK	1984
3.	WHO	The ICD-10 Classification of Mental and Behavioral Disorders	WHO, Geneva.A.I.T.B.S. Publishers. New Delhi	2007 – 7th
4.	Nicolson, P., & Bayne, R.	Psychology for social work. theory and practice	London: Palgrave	2014- 4th
5.	Nicolson, P., Bayne, R., & Owen, J.	Applied psychology for social workers	Macmillan International Higher Education	2006- 3rd
6.	Field, M., & Hatton, C. S.	Essential abnormal and clinical psychology	London: Sage	2015
7.	Crawford, Karen and Janet Walker	Social Work and Human Development (3rd ed.).	UK: Learning Matters Pvt Ltd	2010- 3rd

Pedagogy: Lecture, e-content, Online Group Discussions, Videos, peer learning, case discussion, Field Work Observational Learning, Journaling and mind mapping.

Course Code	Course Title	Category	L	T	P	Credit
MSW24FW1	**Concurrent Field Work –I** (Agency Exposure, Group Projects)	**Practical**	0	0	12	4

Preamble:
- To acquire direct experience in different fields of professional social work practice in development organizations and corporate.
- To develop attitude and skills required for the practice of professional social work, and

Course Outcomes:

After successful completion of the course, the students will be able to

CLO No	CLO Statement	Knowledge Level
CLO1	Demonstrate an understanding of the fields of social work	K1
CLO2	Understand the organization philosophy, policies, administrative structures, financial and project management.	K2

Mapping with programme learning outcome:

Course Learning outcome	Program learning Outcome							
	PLO1	**PLO2**	**PLO3**	**PLO4**	**PLO5**	**PLO6**	**PLO7**	**PLO8**
CLO1	S	S	S	M	S	S	M	S
CLO2	S	S	M	S	S	S	S	S

S-Strong; M-Medium; L-Low

Observation Visits:
The students accompanied by a faculty member shall visit pre-identified agencies indifferent areas like disability, health, old age, child care institutions, women, rural, urban & tribal communities, CSR, hospitals & psychiatric settings and industrial & corporate settings.
The students are expected to observe & enquire about
- Background of the agency.
- Vision, Aims, objectives and programmes implemented
- Types of Beneficiaries / Target groups.
- Administrative structure, departmentalization, staffing pattern.
- Role of the agency in the society.
- Funding and resource mobilization.
- Problems and issues faced by the organization.
- Conditions and problems of the inmates / beneficiaries, during their observation visits and document the same.
- Best practices or Community Development models

The learning and outcome of each visit is to be evaluated through a group conference under the supervision of a faculty member. The students must submit a detailed report for each visit and this will be finally evaluated in the viva-voce examination.

Group Project: (10 Days – 2 Concurrent field work days in a week spread over a month for 80 hrs.)

> ➢ The students will be divided into small groups.
> ➢ Each group has to select any social issue for their project and has to organize seminar/Campaign/awareness program.
> ➢ The group has to mobilize the resources and to execute the event/program with the guidance of the faculty supervisor.
> ➢ After completion of the programs/activities, the group has to submit a detailed report to the department.
> ➢ The students will be evaluated on the basis of the record submitted in relation to observation visits and group projects by a viva-voce examination

Assessment

Continues assessment	50 marks
Viva Voce Exam	50 marks
Total Marks	100

Sl.No.	Criteria	Marks
Continues assessment (internal): 50 marks		
1	Regularity (visits attended)	10
2	Group project	10
3	Field work Observation note and Report submission and Content of the report	15
4	Professional knowledge and Skills	10
5	Regularity in Individual conference	5
Viva Voce Exam (external):		
1	Subject Knowledge	25
2	Presentation and Communication skills	25
Total Marks		**100**

Course Code	Course Title	Category	L	T	P	Credit
MSW24SL1	Skill Lab – I (Personal, Interpersonal Skills)	Theory	0	0	0	Grade

Preamble:
- To enable students to analyse their self and create a positive self.
- To develop an understanding of the nuances of communication and its effectiveness in managing personal and inter-personal relationships.

Course Learning Outcomes:

After successful completion of the course, the students will be able to;

CLO No	CLO Statement	Knowledge Level
CLO1	Appraise their strengths and weakness through SWOT.	K1,K2,K5
CLO2	Analyse and work towards creating a positive self concept.	K4,K5
CLO3	Demonstrate communication skills in Listening, Speaking, Reading and Writing.	K3,K4,K5

Unit 1 (**5hrs**)

Understanding Self: Understanding Self through a SWOT, Self Esteem, Self-Awareness, Creating a Positive Self Concept and SWOT Analysis of Self.

Unit 2 (**12hrs**)

Communication: What/Why/How of Communication.

One to one communication - Work Place Communication, Assertive Communication, Importance of Listening in Communication.

• Presentation Skills: Public Speaking, Speaking in Meeting and Speaking during Interviews.

Unit 3 (**13hrs**)

Interpersonal Skills: Group Decision Making (Strengths and Weaknesses). Developing characteristics of Charismatic and Transformational Leadership. Emotional Intelligence and Leadership Effectiveness - Self Awareness, Self Management, Self Motivation, Empathy and Social Skills.

• Negotiation Skills - Preparation and Planning, Definition of Ground Rules, Clarification and Justification, Bargaining and Problem Solving, Closure and Implementation.

Text Books:

S.No	Name of the Authors	Title of the Book	Publishers	Year of Publication& Edition
1.	Swaminathan V.D and Kaliappan K.V.,	Psychology for Effective Living	The Madras Psychological Society, Chennai	2001- 2nd
2.	Robbins S.B.	Organizational Behavior	Prentice Hall of India, New Delhi	2005-2nd
3.	Christopher, E. M. & Smith, L.E.	Leadership Training	Viva books New Delhi	1999
4.	Dale Carnegie	How to Win Friends and Influence People	Simon & Schuster	1936
5.	Lambert and Selma Myers	50 Activities for Conflict Resolution – Group Learning and Self Development Exercises	Published by Human Resource Development Press, Inc.	1999
6.	Leil Lowndes	How to talk to anyone	Tata McGraw-Hill Company Limited New Delhi	2003-3rd