

**Title of the Project:** Knowledge, Attitude & Practice towards Personal Hygiene among Government School Girl Children with special reference SC/ST to Community”

Name of the PI	Dr. C. Gomathy	Sanctioned Year	2019-2020
Name of the Co PI's	Dr. B. Thulasipriya	Amount Sanctioned in Rs.	40,000

**Project Outcomes:**

**Drinking Water**

- Majority of the students are aware about water hygiene through school teachers and water borne disease through television
- 68.4 percent of the students drink boiled water

**Healthy & Balanced Diet**

- Maximum of the students eat healthy and balanced diet as they were being watched by their parents
- Maximum of the students have reported that healthier food intake was due to the knowledge about healthy eating guidelines given by parents and teachers.

**Good Wash Practice**

- 63.2 percent of the students wash their hands after using the toilet among which only 41.4% use soap to wash their hands
- Only 57.9 percent of the students use washed clothes daily

**Sanitation Practice**

- 54.7 percent of the students use school toilet and remaining students do not use toilet at school due to lack of water facility which did not significantly improve
- Majority of the students are not satisfied with school toilet because of lack of cleanliness and unpleasant smell in toilet rooms

**Menstrual Hygiene**

- Sanitary pads were wrapped in paper and disposed by only half of the sample size. Remaining students have unhygienic practices of washing the sanitary pad and then disposing it in a carry bag in open place.
- More emphasize is needed to be given on awareness of menstrual hygiene practices among adolescent girls.
- Thus, most of them had improper sanitary facilities and there is a need for sanitary education





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